

MONTHLY PROSTATE EXAMINER NEWS

Visit us at pccnthunderbay.org or look us up on Facebook

Looking for Support

Local Men Available to Talk to You

Gary Allen 621-0552

Grant Arnold 933-4214 or

519-584-5125

Marc Breton 628-9444

(en Français)

Rick Eade 683-6573

Bill Everitt 767-5768

David Everitt 628-5287

Marcel Girouard 705-362-8154

(en Français)

Bill Horde 767-1490

Ed Long 628-6915

Bill Vantour 767-8515

Des Stoltz 577-9515

Cy Zurba 472-8676

Women Available to Talk to You

Beth Long 629-4774

Lise Pollard 285-0127

(en français)

Betty Zurba 286-7686

Northwestern Ontario Region

Atikokan

Dave Anderson

807-597-1213 ext. 23

Larry Brown 807-598-1746

Ron Speck 807-597-2219

Dryden

Horst Lang 807-223-5516

Fort Frances

Looking for contact

Hearst

Marcel Girouard 705-362-8154

(en français)

Kenora

Looking for contact

Long Lac

Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054

Next Meeting March 19th, 2020

Guest Speaker.: David McConnell

Topic: Radiation Therapy and Surgical Oncology

Time: 7:00 pm,

55 Plus Centre, 700 River Street T Bay ON

“ Everyone Welcome”

Up Coming Events

55 Plus Health Fair

Saturday, March 7th, 2020

April 16th, 2020

Guest Speaker: Dr Elmansy

May 21st, 2020

Guest Speaker: Brendan Grant - Sleepy G Farm

Topic: Nutrition

June 18th, 2020

BBQ Social

PCCN Coffee Club

A&W Memorial Ave

**Appointed to Board
Director Des Stoltz**



**Member of the Month
Ed Long Past President**



Revolutionary New Procedure Pioneered in Thunder Bay by Graham Strong

Prostate cancer treatment including surgery and radiation can be devastating to the body, leading to many side effects including problems urinating.

“I bounced between total incontinence to complete blockage,” said Ian Pattison, who suffered with the condition for 13 years. “But then, I met Dr. Shahrour.”

Dr. Walid Shahrour, one of the new urologists at the Thunder Bay Regional Health Sciences Centre, is bringing hope to many men in Northwestern Ontario. He pioneered a revolutionary new operation for prostate cancer survivors – and Pattison was the first in world to receive it.

“He said, ‘This procedure is going to change your life.’ And he was absolutely right,” Pattison said.

Pattison was diagnosed with prostate cancer in 2005. He underwent surgery to remove his prostate followed by radiation treatment. Unfortunately, the treatment led to urethral damage, a common side effect. The sphincter that holds back urine at the bladder was destroyed. The urethra itself would repeatedly scar over until Pattison was completely blocked. He estimated he had to go to Emergency a dozen times – almost once a year – for a catheter and to get the scar tissue scraped.

“Men who have to go through post-prostate cancer issues – it’s awful. It can ruin your life and take over,” Pattison said.

Dr. Shahrour is a urologist specializing in reconstructive surgery. He wanted to eliminate urethral scarring.

“Patients who experience urination problems are miserable,” Dr. Shahrour said.

Blockages occur in part because the urethra is a thin tube. Even minimal scarring can disrupt the flow.

Dr. Shahrour answer was to widen this tube using some tissue from the patient’s cheek. The skin graft is then attached to the pubic bone, giving it a firm base. It’s this last step that was most revolutionary.

“Nobody else thought about attaching to the bone. And it works. The graft was able to get the blood supply from the bone, and the urethra became a much wider connection.”

In theory, this widening of the tube should prevent scar tissue from building up.

However, Dr. Shahrour said he will have to follow patients for at least two years to confirm results.

“The two-year follow-up is important. If patients are still doing well after two years, it will show the procedure is successful.”

Pattison had his procedure 18 months ago and so far there aren’t any signs of blockage. In Pattison’s case, Dr. Shahrour recommended an artificial urinary sphincter (AUS). This is like a mechanical cuff that closes the urethra

preventing incontinence. A small pump in the scrotum opens up the cuff allowing the person to urinate normally before closing again automatically. "It works perfectly – I couldn't be happier," Pattison said.

The side effects of prostate cancer treatment can change people's lives. You can help change them back. Donate online at healthsciencesfoundation.ca/donate-now or call our Donation Centre at (807) 345-4673 and simply designate your gift to the Urology Fund.

PCCN Thunder Bay Suffers a Great Loss



William (Bill) David Neilipovitz

April 14, 1930 – February 21, 2020

William (Bill) David Neilipovitz (PEng) passed away peacefully surrounded by his family on February 21, 2020 just two months shy of his 90th birthday. Bill grew up in the Leamington / Point Pelee area and went to university in Detroit. He was a civil engineer for over 30 years primarily working at the Ministry of Transportation and Communication of Ontario retiring in 1987 as the Northwestern Ontario Regional Director. As the Director, he was instrumental in the creation of the original Terry Fox Monument on Highway 11/17. His job brought him to many different locations in Ontario which fortunately brought him to meet the love of his life, Dorothy in the sprawling metropolis of Kenora. They married in 1962 and then were transferred throughout Ontario culminating in returning to the North to Thunder Bay in 1974. Together, they had three children. Bill was very proud of his children who, along with their children, were his pride and joy. He is survived by his wife Dorothy (nee Francis), their

son Bill (Connie) and their children Jonathan and Benjamin; their daughter Cathy (Harold) and their children Naomi, Élise, Aedan and Niamh; and their son David (Kristen) and his children Katelyn, Nathan and Braedan along with her children Sydney, Philippe and Ellie-Anne. He is also survived by his brothers Tom (Bev) and John along with numerous nieces and nephews. He is predeceased by his parents Anton and Doris Neilipovitz. Bill was a longtime member of Westfort Baptist Church and has been instrumental in the Prostrate Cancer Support Group of Thunder Bay for years. Bill was active for many years, be it from walking to work each day regardless of what Thunder Bay's winters delivered or attending the Canada Games Complex in his retirement each day. Bill would be the first to say his first and foremost priority was to look after his family. We can all say that he certainly achieved this and more. Visitation will be 7-9 pm on Monday February 24th at Jenken's Funeral Home with funeral service at 11 am on Tuesday February 25th at Westfort Baptist Church with Pastor Al Piper officiating. The family would like to acknowledge the kindness and the caring of the nurses, doctors and all the other professionals in the ICU and on 1A with special recognition to Aaron and the 2 Meghans. In lieu of flowers, donations to either the Thunder Bay Regional HSC or Westfort Baptist Church or to the charity of your choice would be appreciated.

Contact Us

1100 Memorial Avenue - Suite 374

Thunder Bay, ON P7B 4A3

807-627-0333

E-mail: info@pccnthunderbay.org

Website: www.pccnthunderbay.org

Facebook: PCCN Thunder Bay

Prostate Examiner Monthly News

Please forward any information, news, pictures etc. that benefits communication to PCCN Thunder Bay members.

To the attention of Cy Zurba .

email: cyzurba@shaw.ca

Thank You to Bill Horde, Des Stoltz and Archie Gillies, PCCN member volunteers and for their continuous support at the Resolute Health Fair held on Thursday February 20th, 2020 which was a huge success! All employees appreciated our display of information on Prostate Cancer and awareness, signs to look for men and the Importance of a PSA Test .

