

MONTHLY PROSTATE EXAMINER NEWS

Visit us at pccnthunderbay.org or look us up on Facebook

Looking for Support

Local Men Available to Talk to You

Gary Allen 621-0552

Grant Arnold 933-4214 or

519-584-5125

Marc Breton 628-9444

(en Français)

Rick Eade 683-6573

Bill Everitt 767-5768

David Everitt 628-5287

Marcel Girouard 705-362-8154

(en Français)

Bill Horde 767-1490

Ed Long 628-6915

Bill Vantour 767-8515

Des Stoltz 577-9515

Cy Zurba 472-8676

Women Available to Talk to You

Beth Long 629-4774

Lise Pollard 285-0127

(en français)

Betty Zurba 286-7686

Northwestern Ontario Region

Atikokan

Dave Anderson

807-597-1213 ext. 23

Larry Brown 807-598-1746

Ron Speck 807-597-2219

Dryden

Horst Lang 807-223-5516

Fort Frances

Looking for contact

Hearst

Marcel Girouard 705-362-8154

(en français)

Kenora

Looking for contact

Long Lac

Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054

**Meeting for Thursday May 21st, 2020
CANCELLED
DUE TO COVID - 19 RESTRICTIONS**

**Up Coming Events
Thursday June 18th, 2020
BBQ Social
WILL BE CONFIRMED AT A LATER DATE**

**PCCN Coffee Club
A&W Memorial Ave
Cancelled**

Message from PCCN Thunder Bay Network

We just wanted to send out a note to all those who are regular volunteers, members and supporters of PCCN-Thunder Bay.

During this period of suspension we will strive the best as we can to provide the support and advice that we have available. We encourage men, their families, and caregivers who are asking for suggestions or information, to use our support list of men and women to talk to volunteers listed on the left column.

We would ask that you please keep in touch with Facebook & our website for current news and we look forward to meeting again soon. In the meantime, please be safe and healthy.

Message from our President

To all members of Prostate Cancer Care Network Thunder Bay and friends. I hope that everyone is doing well. Lise and I have completed our mandatory quarantine.

We are still keeping our distances but try to go for a walk everyday.

If you know someone who is alone, please give them a call just to check on their wellbeing, we all need a friend when times are hard.

Listening to the news is depressing, so much ugliness in the world.

Cy is still working hard at updating the web site and the face book page.

Sign in and have a look at it. He is also doing a great job with the monthly newsletter.

Meeting for May is obviously cancelled, and we will keep you updated as things progress.

Have a great day and stay safe.

Marc Breton



COVID-19: Mayor Mauro has declared a State of Emergency for the City of Thunder Bay
Stay home, shop alone and only once a week, wash your hands often and well, and physical distance to prevent the spread of this deadly virus.

City facilities including City Hall, all recreational facilities, playgrounds and park amenities are temporarily closed.

For an A-Z Directory of affected services, to find out how to book an appointment for essential City services, and for updates, visit at: www.thunderbay.ca/coronavirus

We are still letting people know we are here and they can contact us.
Enjoy the humour.

This is sent to you by Ed Long on behalf of Prostate Cancer Canada Network-
Thunder Bay. Please feel free to forward it on to others who may be interested.

Check this site out and subscribe to Coffee News for weekly editions.
New editions every week!



Coffee News[®]

“News to enjoy over coffee”

APRIL 20th EDITION

THIS WEEK BROUGHT TO YOU BY:

All the Essential Workers

Welcome to your weekly Coffee News Thunder Bay online!
We hope that you enjoy this week's issue.

Getting tired of cooking in? Try a take-out day and support our local
restaurants.

Please forward this to your friends so they can enjoy Coffee News. You
can continue to play the Trivia together and challenge each other to see
who can find the hidden icons first!



**Member of the Month
Lorne Sampson**

Thank You !

Lorne has been a dedicated volunteer Board Member for the past several years and continues to work very hard when setting up our main events, socials and Health Fair Events . Thank you for your continued support Lorne.

BORDERCATS ON HOLD

DETAILS ON SEASON TO FOLLOW



Contact Us

**1100 Memorial Avenue - Suite 374
Thunder Bay, ON P7B 4A3
807-627-0333**

E-mail: info@pccnthunderbay.org

Website: www.pccnthunderbay.org

Facebook: PCCN Thunder Bay

Prostate Examiner

Monthly News

**Please forward any information,
news, pictures etc. that
benefits communication to
PCCN Thunder Bay members.**

**To the attention of Cy Zurba
email: cyzurba@shaw.ca**

