

# Prostate Examiner Monthly News

Visit us at <http://www.prostatecancersupporttbay.org>

### Looking for Support

#### Local Men Available to Talk to You

Gary Allen 621-0552

Grant Arnold 933-4214 or  
519-584-5125

Marc Breton 628-9444  
(en Français)

Rick Eade 683-6573

Bill Everitt 767-5768

David Everitt 628-5287

Marcel Girouard 705-362-8154  
(en Français)

Bill Horde 767-1490

Ed Long 628-6915

Bill Vantour 767-8515

Des Stolz 577-9515

Cy Zurba 472-8676

#### Women Available to Talk to You

Beth Long 629-4774

Lise Pollard 285-0127  
(en français)

Betty Zurba 286-7686

#### Northwestern Ontario Region

Atikokan Dave Anderson  
807-597-1213 ext. 23

Larry Brown 807-598-1746

Ron Speck 807-597-2219

Dryden Horst Lang 807-223-5516

#### Fort Frances Looking for contact

Hearst Marcel Girouard  
705-362-8154 (en français)

#### Kenora Looking for contact

Long Lac Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054



August 3, 2020

Message from your President Marc Breton

Dear members.

Hope everyone is doing well. This covid-19 has certainly changed the way we have to do business. One of the main reasons we are sending this note is that we still cannot have a general meeting with all our members but we have plans about that which you will see below.

As you all know, Canadian Cancer Society and Prostate Cancer Care network have amalgamated. The decision from CCS is that we cannot use the PCCN logo and name that we were previously using. Ed and I have remained in contact with the Prostate Cancer B.C foundation since we were at their conference in September 2019. They have stepped in to help some of the groups throughout Canada. With their help, we came up with a new logo and name for our group. We are changing our operating name to **Prostate Cancer Support Thunder Bay**. Here is the new logo (pictured above). The basic logo will be used by other groups across Canada. (con't)

(Con't)

Our work and independence remains the same. The work we do remains the same. The money we raise is still ours to decide how it will be used. The only change for us is the name. The phone number and mailing address remain the same but the new Website is the following: [www.prostatecancersupporttbay.org](http://www.prostatecancersupporttbay.org)  
Email: [info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org) address will match the new name.  
(You can see them below).

**Note:** We are going to have a virtual meeting on Zoom with everyone at 7pm on **Thursday, August 20<sup>th</sup>** to talk about the changes and where we are going from here. Those with email will be receiving an invitation separately. If you do not have a computer for a Zoom meeting, perhaps your son or grandson can get you on and they will also, learn too. Have them send us a request to join the Zoom meeting and we will send them the invitation. Otherwise, perhaps you can join with another member from their home or backyard. The technology isn't too difficult. Our board has used it.

*Marc Breton*

**Prostate Cancer Support Thunder Bay  
1100 Memorial Avenue, Suite 374  
Thunder Bay, Ontario P7B 4A3  
(807) 627-0333**

**[info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)  
[www.prostatecancersupporttbay.org](http://www.prostatecancersupporttbay.org)**

### **Zoom Instructions for Participants**

#### **Before a videoconference:**

- ✱ **You will need a computer, tablet, or smartphone with speaker or headphones. You will have the opportunity to check your audio immediately upon joining a meeting.**
- ✱ **You will receive notice for a videoconference or conference call from your committee analyst. The notification will include a link to "Join via computer" as well as phone numbers for a conference call option. It will also include the 9-digit (usually) Meeting ID.**

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### To join the videoconference:

- ✱ At the start time of your meeting, click on the link in your invitation to join via computer. You may be instructed to download the Zoom application.
- ✱ You have an opportunity to test your audio at this point by clicking on “Test Computer Audio.” Once you are satisfied that your audio works, click on “Join audio by computer.”
- ✱ You may also join a meeting without clicking on the invitation link by going to [join.zoom.us](https://join.zoom.us) on any browser and entering the Meeting ID provided by your committee analyst.
- ✱ If you are having trouble hearing the meeting, you can join via telephone while remaining on the video conference:
- ✱ On your phone, dial the teleconferencing number provided in your invitation.
- ✱ Enter the Meeting ID number (also provided in your invitation) when prompted using your touch-tone (DTMF) keypad.
- ✱ If you have already joined the meeting via computer, you will have the option to enter your 2- digit participant ID to be associated with your computer.
- ✱ Using the icons in the lower left corner of the Zoom screen, you can:
  - ✱ Mute/Unmute your microphone (far left)
  - ✱ Turn on/off camera (“Start/Stop Video”)
  - ✱ Invite other participants
  - ✱ View Participant list – opens a pop-out screen that includes a “Raise Hand” icon that you may use to raise a virtual hand
  - ✱ Change your screen name that is seen in the participant list and video window
  - ✱ Share your screen
- ✱ Somewhere on your Zoom screen you will also see a choice to toggle between “speaker” and “gallery” view. “Speaker view” shows the active speaker. “Gallery view” tiles all of the meeting participants.

**Contact Us**

**1100 Memorial Avenue - Suite 374**

**Thunder Bay, ON P7B 4A3**

**Phone: 807-627-0333**

**E-mail:**

**[info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)**

**Website:**

**[prostatecancersupporttbay.org](http://prostatecancersupporttbay.org)**

**Facebook:**

**[Prostate Cancer Support Thunder Bay](#)**



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**GOOD  
GRIEF  
JUST  
WEAR  
THE  
MASK**



***Prostate Cancer  
We understand.  
We provide information  
and people to talk with.***

A local group -- Canadian context

**807-627-0333**

**[info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)**

**[www.prostatecancersupporttbay.org](http://www.prostatecancersupporttbay.org)**

**Facebook**

***Covid doesn't stop prostate cancer  
and it doesn't stop us.***

**Prostate Examiner**

**Monthly News**

**Please forward any information, that  
benefits communication to Prostate  
Cancer Support Thunder Bay members.**

**To the attention of Cy Zurba**

**email: [cyzurba@shaw.ca](mailto:cyzurba@shaw.ca)**

**PCCN Coffee Club  
A&W Memorial Ave  
Postponed until  
Further Notice**

**Thank You Members!  
for your Continued Support**