

# Prostate Examiner Monthly News

Visit us at <http://www.prostatecancersupporttbay.org>

## Looking for Support Local Men Available to Talk to You

Gary Allen 621-0552

Grant Arnold 933-4214 or  
519-584-5125

Marc Breton 628-9944 (en Français)

Rick Eade 683-6573

Bill Everitt 767-5768

David Everitt 628-5287

Marcel Girouard 705-362-8154  
(en Français)

Bill Horde 767-1490

Ed Long 628-6915

Des Stoltz 577-9515

Cy Zurba 472-8676

## Women Available to Talk to You

Beth Long 629-4774

Lise Pollard 632-3102 (en français)

Betty Zurba 286-7686

## Northwestern Ontario Region

Atikokan Dave Anderson

807-597-1213 ext. 23

Larry Brown 807-598-1746

Ron Speck 807-597-2219

Dryden

Horst Lang 807-223-5516

## Fort Frances Looking for contact

Hearst

Marcel Girouard 705-362-8154  
(en français)

Kenora Looking for contact

Long Lac

Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054



## HAPPY NEW YEAR 2021

Well, we have turned the page on 2020. It was a hard year on everyone, we all had to adapt to a new lifestyle. With the epidemic, the whole world had to make changes, hopefully we have seen the worst of it. Social distancing made it impossible for us to meet at our usual place. We managed to get our zoom started and stay in touch with our members.

**Please join us at our next monthly meeting on**

**January 21, 2021 at 7 pm**

**Guest Speaker: Dr. Joe Del Paggio** Medical Oncologist, Regional Cancer Center. The topic will focus on the Rapidly Changing Treatment Landscape in Prostate Cancer-metastatic prostate cancer before the initiation of ADT. I hope that 2021 will bring all of us health, happiness and return the world to normal as we knew it. Remember our coffee times will continue on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of each month at 10 am. Our annual **\$12** membership dues are usually collected at this time of the year. It is a small amount but helps us know you support the work we are doing as well as our continuing expenses. To make it easier, we are adding e-transfer through your bank as an option for sending us annual dues and donations. More details are on the donation form on our website.

Sincerely, Your President : *Marc Breton*



We believe in it so strongly that.  
we will reimburse you for  
your PSA test !

The PSA test is a key step in early  
diagnosis of prostate cancer  
Early Detection Saves Lives

Get Informed!

Talk to your health care professional!

Get your blood work done!

Send us the receipt!

Address below and check us out

On our website and Facebook.

**\*Must apply by June 30, 2021. Available for men in NWO.**

PCS T Bay Members, please share the above message !

**Inform your family, relatives, friends and neighbours to request a**

**PSA Test**

**Awareness Support Research**

Tel 807.627.0333

Email [info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)

Web [www.prostatecancersupporttbay.org](http://www.prostatecancersupporttbay.org)

1100 Memorial Ave, Suite 374

Thunder Bay ON, P7B 4A3



## DONATION FORM

Prostate Cancer Support Thunder Bay is a charitable organization that relies entirely on donations to remain in operation.

We offer two methods for your convenience:

### By Mail

-complete this form and mail it with a cheque to:

Prostate Cancer Support Thunder Bay  
Suite 374, 1100 Memorial Ave  
Thunder Bay, ON P7A 4A3

### By Interac e-transfer [pcsthunderbay@gmail.com](mailto:pcsthunderbay@gmail.com)

Step 1 - log into your online or mobile banking app, choose Interac e-transfer, and follow their instructions; use the email address shown above

Step 2 - complete this form and send it to the email address shown above

### In order to issue a charitable receipt, please complete the information below

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_ (for questions and charitable receipt)

### If your gift is in someone's honour or memory, please provide the following:

In memory of: \_\_\_\_\_ In honour of: \_\_\_\_\_

Please send an acknowledgement card to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

### Thank you for your support!

**Contact Us**

**1100 Memorial Avenue - Suite 374  
Thunder Bay, ON P7B 4A3  
Phone: 807-627-0333**

**E-mail:**

[info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)

**Website:**

[prostatecancersupporttbay.org](http://prostatecancersupporttbay.org)

**Facebook:**

[Prostate Cancer Support Thunder Bay](https://www.facebook.com/ProstateCancerSupportThunderBay)



**Coffee News**<sup>®</sup>  
"News to enjoy over coffee"

Welcome to your weekly Coffee News Thunder Bay online! We hope that you enjoy every week's issue.

Check this site out and subscribe to Coffee News for weekly editions. New editions every week. !

Northward edition, January 7th, 2021  
[https://drive.google.com/.../11UqCL\\_nk19tO07yD8azT3wMR .../view...](https://drive.google.com/.../11UqCL_nk19tO07yD8azT3wMR.../view...)

Southward edition, January 7th, 2021  
<https://drive.google.com/.../1aqtSBTGx67WIkC2AessIOCTzP.../>



**Notice**

**Prostate Cancer Support Thunder Bay Coffee Time Meetings on Zoom the 2nd and 4th Thursdays of the month. If you do not receive a reminder and a link by the Wednesday before, send an email: [info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org) and we will send you a link. Every 2 weeks on Thursdays @ 10:00 am**

**Topic:** Prostate Cancer Support Thunder Bay coffee time meetings  
**Time:** 10:00 AM Eastern Time (US and Canada)

- Jan 14, 2021 10:00 AM
- Jan 28, 2021 10:00 AM
- Feb 11, 2021 10:00 AM
- Feb 25, 2021 10:00 AM
- Mar 11, 2021 10:00 AM

Please import the following Calendar (.ics) files to your calendar system.

Sign on details will be e-mailed to members.



*Prostate Cancer  
We understand.  
We provide information  
and people to talk with.*

A local group -- Canadian context

**807-627-0333**

[info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)  
[www.prostatecancersupporttbay.org](http://www.prostatecancersupporttbay.org)

Facebook

*Covid doesn't stop prostate cancer  
and it doesn't stop us.*

**Prostate Examiner Monthly News**

**Please forward photos or information, that benefits communication to Prostate Cancer Support Thunder Bay members.**

**To the attention of Cy Zurba**

**email: [cyzurba@shaw.ca](mailto:cyzurba@shaw.ca)**