

# Prostate Examiner Monthly News

Visit us at <http://www.prostatecancersupporttbay.org>

**Looking for Support**

**Local Men Available to Talk to You**

Gary Allen 621-0552  
 Grant Arnold 933-4214 or  
 519-584-5125

**Marc Breton 628-9944 (en Français)**

Rick Eade 683-6573  
 Bill Everitt 767-5768  
 David Everitt 628-5287

**Marcel Girouard 705-362-8154  
 (en Français)**

Bill Horde 767-1490  
 Ed Long 628-6915  
 Des Stolz 577-9515  
 Cy Zurba 472-8676

**Women Available to Talk to You**

Beth Long 629-4774

**Lise Pollard 632-3102 (en français)**

Betty Zurba 286-7686

**Northwestern Ontario Region**

**Atikokan**

Dave Anderson

807-597-1213 ext. 23

Larry Brown 807-598-1746

Ron Speck 807-597-2219

**Dryden**

Horst Lang 807-223-5516

**Fort Frances Looking for contact**

**Hearst**

Marcel Girouard 705-362-8154

(en français)

**Kenora Looking for contact**

**Long Lac**

Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054



**Please join us at our next Zoom meeting**

**PCS AGM meeting which will take place on  
 May 20th, 2021 @ 7:00 pm.  
 Everyone Welcome.**

**Note: You can get a link by requesting it from  
[info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org).**

**Friendly Reminder !** Our annual \$12 membership dues are usually collected throughout the year. It is a small amount but helps us know you support the work we are doing as well as our continuing expenses. To make it easier, we are adding e-transfer through your bank as an option for sending us annual dues and donations. More details are on the donation form on our website.

**Note: You must be a paid member to vote and be elected.**

**Request for nominations – nominator and nominee must be paid members. – to be received one week before meeting. Send them to me [bretmar49@gmail.com](mailto:bretmar49@gmail.com) or phone 807-628-9944**

Sincerely,  
 Marc Breton  
**Presidents Message Page 5**



We believe in it so strongly that.  
**we will reimburse you for  
your PSA test !**

The PSA test is a key step in early  
diagnosis of prostate cancer  
**Early Detection Saves Lives**

**Get Informed!**

**Talk to your health care professional!**

**Get your blood work done!**

**Send us the receipt!**

**Address below and check us out**

**On our website and Facebook.**

**\*Must apply by June 30, 2021. Available for men in NWO.**

**PCS T Bay Members, please share the above message !**

**Inform your family, relatives, friends and neighbours to request a**

**PSA Test**

**Awareness Support Research**

Tel 807.627.0333

Email [info@prostatecancersupporttbay.org](mailto:info@prostatecancersupporttbay.org)

Web [www.prostatecancersupporttbay.org](http://www.prostatecancersupporttbay.org)

1100 Memorial Ave, Suite 374

Thunder Bay ON, P7B 4A3



**DONATION FORM**

Prostate Cancer Support Thunder Bay is a charitable organization that relies entirely on donations to remain in operation.

We offer two methods for your convenience:

**By Mail**

-complete this form and mail it with a cheque to:

Prostate Cancer Support Thunder Bay  
Suite 374, 1100 Memorial Ave  
Thunder Bay, ON P7A 4A3

**By Interac e-transfer** [pcsthunderbay@gmail.com](mailto:pcsthunderbay@gmail.com)

Step 1 - log into your online or mobile banking app, choose Interac e-transfer, and follow their instructions; use the email address shown above

Step 2 - complete this form and send it to the email address shown above

**In order to issue a charitable receipt, please complete the information below**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_ (for questions and charitable receipt)

**If your gift is in someone’s honour or memory, please provide the following:**

In memory of: \_\_\_\_\_ In honour of: \_\_\_\_\_

Please send an acknowledgement card to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

**Thank you for your support!**

**Contact Us**

**1100 Memorial Avenue - Suite 374  
Thunder Bay, ON P7B 4A3  
Phone: 807-627-0333**

**E-mail:**

[\*\*info@prostatecancersupporttbay.org\*\*](mailto:info@prostatecancersupporttbay.org)

**Website:**

[\*\*prostatecancersupporttbay.org\*\*](http://prostatecancersupporttbay.org).

**Facebook:**

[\*\*Prostate Cancer Support Thunder Bay\*\*](https://www.facebook.com/ProstateCancerSupportThunderBay)



**Coffee News**<sup>®</sup>  
"News to enjoy over coffee"

Welcome to your weekly Coffee News Thunder Bay online!

We hope that you enjoy every week's issue.

Check this site out and subscribe to Coffee News for weekly editions.

New editions every week. ! Northward edition, May 3, 2021

[\*\*https://drive.google.com/.../11UqCL\\_nk19tO07yD8azT3wMR\\_.../view...\*\*](https://drive.google.com/.../11UqCL_nk19tO07yD8azT3wMR_.../view...)

Southward edition, May 3, 2021

[\*\*https://drive.google.com/.../1aqtSBTGx67WlkC2AessIOCTzP.../\*\*](https://drive.google.com/.../1aqtSBTGx67WlkC2AessIOCTzP.../)



**Notice**

**Prostate Cancer Support Thunder Bay Coffee Time Meetings on Zoom are on the 2nd and 4th Thursdays of the month. If you do not receive a reminder and a link by the Wednesday before, send an email: [\*\*info@prostatecancersupporttbay.org\*\*](mailto:info@prostatecancersupporttbay.org) and we will send you a link.**

**Topic: PCS Coffee Time**

Every 2nd week on Thursday until Jun 10, 2021, 5 occurrence(s)  
Eastern Time (US and Canada)

**Time:** May 13, 2021 10:00 AM  
May 27, 2021 10:00 AM  
Jun 10, 2021 10:00 AM



***Prostate Cancer  
We understand.  
We provide information  
and people to talk with.***

A local group -- Canadian context

**807-627-0333**

[\*\*info@prostatecancersupporttbay.org\*\*](mailto:info@prostatecancersupporttbay.org)

[\*\*www.prostatecancersupporttbay.org\*\*](http://www.prostatecancersupporttbay.org)

Facebook

*Covid doesn't stop prostate cancer  
and it doesn't stop us.*

**Prostate Examiner Monthly News**

**Please forward photos or information, that benefits communication to Prostate Cancer Support Thunder Bay members.**

**To the attention of Cy Zurba**

**email: [\*\*cyzurba@shaw.ca\*\*](mailto:cyzurba@shaw.ca)**

**May 2021**

Dear members and Friends.

Hope everyone is doing well. The isolation has been hard on all of us. Men have a reputation of not talking about what is going on with them and letting things build up. The suicide rate for men is high and it increases in men with cancer, but we know that our group is a place where men can talk to other men.

Remember that we are a group of prostate cancer survivors, we understand what you are going through, we were there at one point in our life. If you are looking for ideas, support or just want to chat give me a call or someone else in our group we would love to talk with you and share our story and hear yours.

Again, this year we will have to cancel our beef on the bun due to social distancing our men's health fair will also be cancelled for this year. Rest assured that when we can we will resume these events .

Do not forget the A G M is being held May 20<sup>th</sup> at 7pm we need your input. Only paid memberships can vote. We have some seat to be filled on the board. It will be a virtual meeting and Ed Long will send the invitation.

Stay safe out there, hope to hear from you at the Annual General Meeting.

Sincerely

Your President

*Marc Breton*