

Prostate Examiner Monthly News

Visit us at <http://www.prostatecancersupporttbay.org>

Looking for Support

Local Men Available to Talk to You

Gary Allen 621-0552

Grant Arnold 933-4214 or
519-584-5125

Marc Breton 628-9944 (en Français)

Rick Eade 683-6573

Bill Everitt 767-5768

David Everitt 628-5287

Marcel Girouard 705-362-8154
(en Français)

Bill Horde 767-1490

Ed Long 628-6915

Des Stolz 577-9515

Cy Zurba 472-8676

Women Available to Talk to You

Beth Long 629-4774

Lise Pollard 632-3102 (en français)

Betty Zurba 286-7686

Northwestern Ontario Region

Atikokan

Dave Anderson

807-597-1213 ext. 23

Larry Brown 807-598-1746

Ron Speck 807-597-2219

Dryden

Horst Lang 807-223-5516

Fort Frances Looking for contact

Hearst

Marcel Girouard 705-362-8154

(en français)

Kenora Looking for contact

Long Lac

Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054



Next Meeting

Please join us at our next Zoom
Monthly meeting which will take place on
April 15th, 2021 @ 7:00 pm.
Everyone Welcome.

Note: You can get a link by requesting it from
info@prostatecancersupporttbay.org.

Guest Speaker: Brendan Grant
from Sleepy G Farms of Pass Lake.

Topic: Organic.

What does the word mean and what does it mean for us? We know good nutrition is a factor in the prevention of cancer and the recovery after treatment.

Friendly Reminder ! Our annual \$12 membership dues are usually collected throughout the year. It is a small amount but helps us know you support the work we are doing as well as our continuing expenses. To make it easier, we are adding e-transfer through your bank as an option for sending us annual dues and donations. More details are on the donation form on our website.

Presidents Message

April 2021 on Page 5



We believe in it so strongly that.
**we will reimburse you for
your PSA test !**

The PSA test is a key step in early
diagnosis of prostate cancer
Early Detection Saves Lives

Get Informed!

Talk to your health care professional!

Get your blood work done!

Send us the receipt!

Address below and check us out

On our website and Facebook.

***Must apply by June 30, 2021. Available for men in NWO.**

PCS T Bay Members, please share the above message !

Inform your family, relatives, friends and neighbours to request a

PSA Test

Awareness Support Research

Tel 807.627.0333

Email info@prostatecancersupporttbay.org

Web www.prostatecancersupporttbay.org

1100 Memorial Ave, Suite 374

Thunder Bay ON, P7B 4A3



DONATION FORM

Prostate Cancer Support Thunder Bay is a charitable organization that relies entirely on donations to remain in operation.

We offer two methods for your convenience:

By Mail

-complete this form and mail it with a cheque to:

Prostate Cancer Support Thunder Bay
Suite 374, 1100 Memorial Ave
Thunder Bay, ON P7A 4A3

By Interac e-transfer pcsthunderbay@gmail.com

Step 1 - log into your online or mobile banking app, choose Interac e-transfer, and follow their instructions; use the email address shown above

Step 2 - complete this form and send it to the email address shown above

In order to issue a charitable receipt, please complete the information below

Name _____

Address _____

City _____ Province _____ Postal Code _____

Telephone _____

Email _____ (for questions and charitable receipt)

If your gift is in someone’s honour or memory, please provide the following:

In memory of: _____ In honour of: _____

Please send an acknowledgement card to:

Name _____

Address _____

City _____ Province _____ Postal Code _____

Thank you for your support!

Contact Us

**1100 Memorial Avenue - Suite 374
Thunder Bay, ON P7B 4A3
Phone: 807-627-0333**

E-mail:

info@prostatecancersupporttbay.org

Website:

prostatecancersupporttbay.org.

Facebook:

[Prostate Cancer Support Thunder Bay](https://www.facebook.com/ProstateCancerSupportThunderBay)



Coffee News[®]
"News to enjoy over coffee"

Welcome to your weekly Coffee News Thunder Bay online!

We hope that you enjoy every week's issue.

Check this site out and subscribe to Coffee News for weekly editions.

New editions every week. ! Northward edition, April 5th, 2021

https://drive.google.com/.../11UqCL_nk19tO07yD8azT3wMR_.../view...

Southward edition, April 5th, 2021

<https://drive.google.com/.../1aqtSBTGx67WlkC2AessIOCTzP.../>



Notice

Prostate Cancer Support Thunder Bay Coffee Time Meetings on Zoom are on the 2nd and 4th Thursdays of the month. If you do not receive a reminder and a link by the Wednesday before, send an email: info@prostatecancersupporttbay.org and we will send you a link.

Topic: PCS Coffee Time

Every 2nd week on Thursday until Jun 10, 2021, 5 occurrence(s)
Eastern Time (US and Canada)

Time: Apr 8, 2021 10:00 AM
Apr 22, 2021 10:00 AM
May 13, 2021 10:00 AM
May 27, 2021 10:00 AM
Jun 10, 2021 10:00 AM



***Prostate Cancer
We understand.
We provide information
and people to talk with.***

A local group -- Canadian context

807-627-0333

info@prostatecancersupporttbay.org

www.prostatecancersupporttbay.org

Facebook

*Covid doesn't stop prostate cancer
and it doesn't stop us.*

Prostate Examiner Monthly News

Please forward photos or information, that benefits communication to Prostate Cancer Support Thunder Bay members.

To the attention of Cy Zurba

email: cyzurba@shaw.ca

Presidents Message April 2021

Dear members and friends.

It has been a year since covid changed our lives ,but the good news is that the vaccine is finally rolling and we can look forward to being vaccinated in the near future.

Then, we should be able to go back to our lives. To be able to shake someone's hand, to give someone a hug , are just a few things we have been missing in the past year.

Thursday March 18, we held our virtual meeting with our guest David McConnell It was well attended ,21 members and 6 partners. David gave us a virtual tour of the cancer centre. It is an eye opener when you see all the parts and equipment needed in the fight with cancer.

Saturday March 20 , Ed and I attended the 2021 Prostate Cancer Support Canada Workshop held by Cancer Support B C foundation. The topic was Support groups in challenging times, 100 across Canada 2 from the US attended.

There were a panel of guests from Surgeon, Oncologist, Scientist, Motivational speaker. I t was highly informative.

Our next virtual meeting April 15 at 7pm . Our guest will be Brendan Grant from Sleepy G Farms of Pass Lake. Topic: Organic. What does the word mean and what does it mean for us? We know good nutrition is a factor in the prevention of cancer and the recovery after treatment.

Note: Encourage those who buy and/or cook the food to attend. Brendan says: For this presentation he will focus on defining organic, identifying what impact organic food has on the body and earth, and some information about herbicide residue in our food system which has a strong link to cancers and a long list of other diseases.

We are still holding our coffee talk and the April dates are 8th and 22nd at 10 am. Join us for a good talk but you must bring your own coffee.

The A G M will be held on May 20th 2021 at 7 pm, more information will come out in the next 3 weeks

Remember to register for your covid vaccine. The sooner we are all vaccinated the sooner we will meet in person.

Stay safe out there, hope to see you soon.

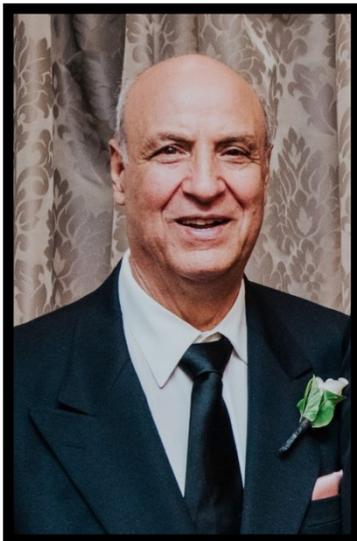
Sincerely

Your President

Marc Breton



1941 - 2021



Sal Tassone passed away on March 6 2021

It saddens my heart to inform you of the death of another member of our group. Sal willingly served on the board and the newsletter committee. He was a regular at the meetings with his smile and friendly greeting. Our thoughts and prayers are with Raffaella and his family.

