PCS Thunder Bay March 2021

# Prostate Examiner Monthly News Visit us at <a href="http://www.prostatecancersupporttbay.org">http://www.prostatecancersupporttbay.org</a>

Looking for Support

Local Men Available to Talk to You

Gary Allen 621-0552
Grant Arnold 933-4214 or
519-584-5125
Marc Breton 628-9944 (en Français)
Rick Eade 683-6573
Bill Everitt 767-5768
David Everitt 628-5287
Marcel Girouard 705-362-8154
(en Français)
Bill Horde 767-1490
Ed Long 628-6915
Des Stolz 577-9515

Women Available to Talk to You Beth Long 629-4774 Lise Pollard 632-3102 (en français) Betty Zurba 286-7686

Cv Zurba 472-8676

Northwestern Ontario Region
Atikokan
Dave Anderson
807-597-1213 ext. 23
Larry Brown 807-598-1746
Ron Speck 807-597-2219
Dryden
Horst Lang 807-223-5516
Fort Frances Looking for contact
Hearst
Marcel Girouard 705-362-8154
(en français)
Kenora Looking for contact
Long Lac
Dick Mannisto

Terrace Bay / Schreiber

John St Amand 807-825-9054



### **Next Meeting**

Please join us at our next Zoom Monthly meeting which will take place on March 18, 2021 @ 7:00 pm.

### **Everyone Welcome.**

Guest Speaker: David McConnell Please publicize as you have and share by word-of-mouth. The link will go to those on our email list.

**Note:** Others can get a link by requesting it from <a href="info@prostatecancersupporttbay.org">info@prostatecancersupporttbay.org</a>.

Friendly Reminder! Our annual \$12 membership dues are usually collected at this time of the year. It is a small amount but helps us know you support the work we are doing as well as our continuing expenses. To make it easier, we are adding e-transfer through your bank as an option for sending us annual dues and donations. More details are on the donation form on our website.

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# We believe in it so strongly that. we will reimburse you for your PSA test!

The PSA test is a key step in early diagnosis of prostate cancer

**Early Detection Saves Lives** 

**Get Informed!** 

Talk to your health care professional!

Get your blood work done!

Send us the receipt!

Address below and check us out
On our website and Facebook.

\*Must apply by June 30, 2021. Available for men in NWO.

PCS T Bay Members, please share the above message!

Inform your family, relatives, friends and neighbours to request a

## **PSA Test**

**Awareness Support Research** 

Tel 807.627.0333 Email info@prostatecancersupporttbay.org Web www.prostatecancersupporttbay.org

1100 Memorial Ave, Suite 374 Thunder Bay ON, P7B 4A3

#### **DONATION FORM**



Prostate Cancer Support Thunder Bay is a charitable organization that relies entirely on donations to remain in operation.

We offer two methods for your convenience:

#### By Mail

-complete this form and mail it with a cheque to:

Prostate Cancer Support Thunder Bay Suite 374, 1100 Memorial Ave Thunder Bay, ON P7A 4A3

By Interac e-transfer <a href="mailto:pcsthunderbay@gmail.com">pcsthunderbay@gmail.com</a>

Step 1 - log into your online or mobile banking app, choose Interac e-transfer, and follow their instructions; use the email address shown above

Step 2 - complete this form and send it to the email address shown above

In order to issue a charitable receipt, please complete the information below

Name		
Address		
City		
Telephone		
Email	(for questions and charitable receipt)	
If your gift is in someone's honour or memory, please provide the following:  In memory of: In honour of:		
Please send an acknowledgement card to:		
Name		
Address		
City	Province	Postal Code

Thank you for your support!

PCS Thunder Bay March 2021

# Contact Us 1100 Memorial Avenue - Suite 374 Thunder Bay, ON P7B 4A3

Phone: 807-627-0333

#### E-mail:

info@prostatecancersupporttbay.org

#### Website:

prostatecancersupporttbay.org.

#### Facebook:

**Prostate Cancer Support Thunder Bay** 







**Notice** 

Prostate Cancer Support Thunder Bay Coffee Time Meetings on Zoom the 2nd and 4th Thursdays of the month. If you do not receive a reminder and a link by the Wednesday before, send an email: info@prostatecancersupporttbay.org and we will send you a link.

Every 2 weeks on Thursdays @ 10:00 am

**Topic:** Prostate Cancer Support Thunder Bay

coffee time meetings

Time: 10:00 AM Eastern Time (US and

Canada)

Mar 11th, 2021 10:00 AM Mar 25th, 2021 10:00 AM April 15th, 2021 10:00 AM April 29th, 2021 10:00 AM

Please import the following Calendar (.ics) files to your calendar system.

Sign on details will be e-mailed to members.



Welcome to your weekly Coffee News Thunder Bay online! We hope that you enjoy every week's issue.

Check this site out and subscribe to Coffee News for weekly editions. New editions every week.! Northward edition, March 1, 2021 <a href="https://drive.google.com/.../">https://drive.google.com/.../</a>
11UqCL\_nk19tO07yD8azT3wMR\_.../view...

Southward edition, March 1, 2021 <a href="https://drive.google.com/.../">https://drive.google.com/.../</a> 1aqtSBTGx67WlkC2AesslOCTzP.../



Prostate Cancer
We understand.
Prostate Cancer
We provide information
We understand
and people to talk with.
We provide

A local group n- Franadian context

807-627-6333 with.

info@prostatecancersupporttbay.org
A local group — Carladian context
Facebook

Covid doesn't stop prostate cancer 80mmdit doesn't stop us.

Prostate Examiner Monthly News
www.prostatecancersupporttbay.org

Please forward photos or information, that

Covin desprits to prostate confiction to Prostate doesn't stop us.

Cancer Support Thunder Bay members.

To the attention of Cy Zurba

email: cyzurba@shaw.ca

PCS Thunder Bay February 2021

# **Presidents Message for March 2021**

I hope everyone is doing well. This isolation is hard on all of us but remember it will get better. Reach out to people that are alone. We have been doing that through our coffee time and individually with people. We have some new members who are undergoing treatment. Telephone calls and zoom are not like getting together in person, but they are still ways to give and receive support. Our posters about PSA reimbursement were put into each workers locker at Resolute Forest Products. We would have been at their health fair, if they would have been able to have it, but they still found a way to share our information.

Thunder Bay is back to the grey zone so remember all our sponsors that are trying to keep their heads above water. Applebees is one that has curb-side pick up. You can place an order, get some good food and help them out.

March 18 our guest will be David McConnell. He is the Manager, Radiation Therapy and Surgical Oncology at the Regional Cancer Care. This is a difficult time for all of the people trying to do their job there and help all the people with cancer. It will be good to hear from him about how they are carrying on with their work. They are still treating people and making plans for the future. We can also see how we can send them our support.

Stay safe out there, hope to see you soon.

Sincerely

Your President

Marc Breton

